



STEM Academy Lunch Menu June 2022



1

- Beef Taco
- Chicken Tenders and Dinner Roll
- Thai Chili Chicken Salad with Flat Bread **LG**
- Greek Chicken Wrap
- Green Beans and Side Salad Oranges and Apples

2

- Shepherd's Pie with Mash Potatoes, Corn and Dinner Roll
- Meatball Sub
- Yogurt & Fruit Power Pack **V**
- Greek Chicken Wrap
- Kickin Beans and Broccoli Pears and Fresh Fruit Cups

3

- Cheese Pizza
- Thai Chili Chicken Salad with Flat Bread **LG**
- Chicken Salad Sandwich on a Bulkie Roll
- Red Pepper Strips and Side Salad Apples and Bananas

4

- French Toast Stick with Maple Syrup
- Cheeseburger
- Greek Salad with Chicken and Flat Bread **LG**
- Tuna Salad Sandwich on a Bulkie Roll
- Maple Carrots and Green Bean Apple and Pears

5

- Beef Tacos
- Crispy Chicken Sandwich
- Pretzel Power Pack **V**
- Santa Fe Turkey Wrap
- Kickin Beans and Side Salad Oranges and Apples

6

- Country Popcorn Chicken Bowl with Dinner Roll
- Pizza Crunchers
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Tuna Salad Sandwich on a Bulkie Roll
- Cucumber and Carrots Bananas and Apples

7

- Szechwan Chicken with Brown Rice
- Chicken Tenders and Dinner Roll
- Fruit and Yogurt Power Pack **V**
- Turkey and Cheese Sandwich
- Green Bean and Broccoli Pears and Fresh Fruit Cup

8

- Cheese Pizza
- Greek Salad with Chicken and Flat Bread **LG**
- Tuna Salad Sandwich on a Bulkie Roll
- Red Pepper Strips and Side Salad
- Bananas and Apples

9

- Chicken and Waffle Sandwich with Maple Syrup
- Cheeseburger
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Maple Carrots and Tater Tots Apples and Pears

10

- Beef Fajita Bowl
- Crispy Chicken Sandwich
- Bagel Power Pack **V**
- Chicken Shawarma Wrap
- Kickin Beans and Side Salad Oranges and Strawberries

11

- Mac and Cheese
- HOTM: **Chocolate Strawberry Platter V**
- Chef Salad with Flat Bread **LG**
- Italian Sub
- Cucumber and Cole Slaw Bananas and Apples

12

- Chili Popcorn Chicken Lo Mein
- Meatball Sub
- Bagel Power Pack **LG**
- Chicken Shawarma Wrap
- Green Beans & Broccoli, Strawberries and Fresh Fruit Cup

13

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

14

- Pizza Crunchers
- Turkey and Cheese Sandwich
- Green Beans and Side Salad Oranges and Apples
- SUMMER BREAK STARTS AT END OF DAY

15

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

16

**Juneteenth Day
NO SCHOOL**

17

- Pizza Crunchers
- Turkey and Cheese Sandwich
- Green Beans and Side Salad Oranges and Apples
- SUMMER BREAK STARTS AT END OF DAY

18

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

19

- Pizza Crunchers
- Turkey and Cheese Sandwich
- Green Beans and Side Salad Oranges and Apples
- SUMMER BREAK STARTS AT END OF DAY

20

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

21

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

22

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

23

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

24

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

25

- Cheese Pizza
- Mediterranean Hummus Salad with Flat Bread **LG V**
- Italian Sub
- Cucumber and Carrots Bananas and Apples

Check out <https://lowellk12ma.nutrislice.com/> for Menu's, Nutrition Education & Monthly Promotions
Check out our accounts on Social Media:
 LPSD- Food & Nutrition
 Instagram: [lpsdfoodandnutrition](https://www.instagram.com/lpsdfoodandnutrition)

Sun Butter & Jelly Offered Daily
 Fresh Fruit offered daily
 Milk: Skim, 1% White

All students eat at no cost!

Menus are subject to change

LG Locally Grown
V Vegetarian

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

